
January 9th, 2025

**Board of Directors Members Present
in Person:**

Members Present via MS Teams:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Introduction of NS BH-ASO’s new Accountant**, Alma Solano-JanRose Ottaway
Martin
- 3. Tribal Acknowledgement** – Chair
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](http://nsbhaso.org)
- 4. Revisions to the Agenda** – Chair
- 5. Approval of the December 12th, 2024, Minutes, Motion #25-01** – Chair....
Attachment
- 6. Comments & Announcements from the Chair** - Chair
- 7. Reports from Members** - Chair
- 8. Comments from the Public** - Chair
- 9. Report from the Advisory Board** Attachment
Kara Allen, Advisory Board Chair
- 10. Report from the Finance Officer** Attachments
Margaret Rojas, Assistant Director

11. Report from the Governance Operations Committee - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #25-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1st, 2024, through December 31st, 2024, in the amount of \$5,106,470.78.
- Payroll for the month of December in the amount of \$200,399.34 and associated employer benefits in the amount of \$105,390.31.

12. Action Items – Margaret Rojas, Assistant Director

For Board Approval

Telecare Corp.-Peer Bridger Services

- Telecare provides Peer Bridger services for the region, the program is designed to engage individuals to facilitate discharge from Western State Hospital, local hospitals and Evaluation & Treatment Centers for North Sound residents.
- Health Care Authority increased the funding for the Peer Bridgers program, this amendment passes through the additional funding and makes the following adjustments-
 - Adding HCA increase of \$67,500
 - Removal of \$50,000 of General Funds-State provided by ASO
 - Overall increase of \$17,500.00

Motion #25-03

NS BH-ASO-Telecare-FBG-23 Amendment 4 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

13. Report from the Executive Director Attachments
JanRose Ottaway Martin, Executive Director

14. Adjourn – Chair

Next Meeting: February 13th, 2025

Board of Directors

Meeting Agenda

December 12th, 2024

Board of Directors Members Present in Person:

- Barry Buchanan, County Council;
Whatcom County
- Cammy Hart-Anderson, Human
Services, Designated Alternate
for Dave Somers, County
Executive; Snohomish County
- George Kosovich, Skagit County
Public Health, Designated
Alternate for Peter Browning,
Commissioner; Skagit County
- Peter Browning, Commissioner;
Skagit County
- Jill Johnson, Commissioner,
Island County

Members Present via MS Teams:

- Cynthia Foley, Sr. Legislative
Analyst, Designated Alternate
for Strom Peterson, County
Council; Snohomish County
- Cindy Wolf, Council Member;
San Juan County
- Nicole Gorle, Legislative Analyst,
Designated Alternate for Nate
Nehring, Council Member;
Snohomish County
- Kara Allen, Advisory Board Chair
- Malora Christensen, Response
Systems Division Manager,
Designated Alternate for Satpal
Sidhu, County Executive;
Whatcom County
- Darcy Cheesman, Legislative
Aid, Designated Alternate for
Sam Low, County Council;
Snohomish County

**North Sound Behavioral Health
Administrative Services Organization
(NS BH-ASO) Staff Present:**

- JanRose Ottaway Martin, Executive Director
- Michael McAuley, Clinical Director
- Charles, DeElena, Business Improvement Manager/Compliance Officer
- Darrell Heiner, Senior Accountant
- Kim Nakatani, Accountant
- Maria Arreola, Sr. Administrative Assistant
- Joanie Wenzl, Clerk of the Board

Guests Present:
Amanda Franke

Call to Order and Introductions – Chair

The Chair called the meeting to order and introductions followed

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

The Chair read the Tribal Acknowledgement

Revisions to the Agenda – Chair

There were no revisions to the agenda requested

Approval of the November 14th, 2024, Minutes, Motion #24-53 – Chair.... Attachment Peter Browning moved the motion for approval, Cammy Hart Anderson seconded, all in favor, none opposed, motion #24-53 carried.

Comments & Announcements from the Chair – Chair

The Chair thanked everyone for their hard work in the calendar year 2024 and noted that he is looking forward to working together in 2025. He also mentioned the Board Retreat that took place last year which was impactful, and he hopes it continues in the future.

He also thanked Cindy Wolf for her service in San Juan County and as a NS BH-ASO Board Member.

In addition, he pointed out the effective work that JanRose is doing as the Executive Director of the ASO.

Reports from Members – Chair

The board members gave reports from their respective county’s behavioral health current happenings

Comments from the Public – Chair

There were no comments from the public, as none were in attendance

Report from the Advisory Board

Kara Allen, Advisory Board Chair, gave an update on the latest happenings with the NS BHASO Advisory Board

Report from the Finance Officer

JanRose gave the Report from the Finance Officer

Report from the Governance Operations Committee – Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda – Chair

Motion #24-54

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, 2024, through November 30th, 2024, in the amount of \$3,582,107.88.
- Payroll for the month of November in the amount of \$199,245.42 and associated employer benefits in the amount of \$98,005.93.

Cammy Hart-Anderon moved the motion for approval, Peter Browning seconded, none were opposed, no abstentions, all in favor, motion #24-54 carried.

Action Items

For Board Approval

North Sound BH-ASO 2025 Budget with 3.23% COLA

Motion #24-55

To approve the North Sound BH-ASO 2025 Budget as presented.

Recommended 2025 Budget_updated.pdf

Cammy Hart-Anderson moved the motion for approval, Barry Buchanan seconded, none were opposed, no abstentions, all in favor, motion #24-55 carried.

The following are the semi-annual amendments to our current contracts

- Health Care Authority (HCA) contracts to include funding for the period of January 1, 2025, through June 30, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for GF-S services within Available Resources (Mental Health & Substance Use Disorder Outpatient, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under different categories of funding

Health Care Authority (HCA)

HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of January 1, 2025, through June 30, 2025.

- GF-S funding is stable from the previous contract period.
 - 6-month allocation is \$17,014,262.00

Motion #24-56

HCA-NS BH-ASO-K- providing the ASO GF-S funding and legislative proviso funds for the period of January 1, 2025, through June 30, 2025.

Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, no abstentions, all in favor, motion number #24-56 carried

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health

- Mobile Crisis Adult & Youth Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services and other provisos listed below.
- Program for Assertive Community Treatment (PACT) services and continuing the reserve funds for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Crisis Services – 6-month allocation - \$5,405,045.00
 - Child/Youth Crisis Outreach Team – 6 – month allocation - \$1,017,047.94
 - Community Outreach & Recovery Support (CORS) – 6-month allocation \$92,606.50
 - PACT 6-month allocation - \$384,159.00
 - PACT Proviso Reserve Funds 6-month allocation - \$20,090.00
 - Behavioral Health Enhancement Funds (Proviso Funds) 6-month allocation - \$200,000.00
 - San Juan County HARPS Funds 6-month allocation - \$3,430.00
 - Evaluation & Treatment Discharge Planner 6-month allocation - \$71,529.00
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation - \$350,000
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - Crisis Funds 6-month allocation - \$2,462,976.00
 - Proviso Funds 6-month allocation \$315,938.56
- Volunteers of America
 - Toll Free Crisis Hotline
 - Behavioral Health Enhancement Funds
 - Toll Free Crisis Line 6-month allocation - \$1,301,810.66
 - Behavioral Health Enhancement Funds 6-month allocation \$29,934.00
- Telecare
 - Evaluation and Treatment Services (Fee for Service)
 - E&T Discharge Planners
 - Behavioral Health Enhancement Funds
 - E&T Discharge Planner 6-month allocation - \$43,368.00
 - Behavioral Health Enhancement Funds 6-month allocation \$215,058.00
- Lifeline Connections
 - PACT services and continuing the reserve funds for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - PACT 6 -month allocation - \$204,855.00
 - PACT Proviso Reserve Funds 6-month allocation - \$47,500.00
- Lake Whatcom Center

- PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - PACT 6-month allocation-\$112,127.00
 - PACT Proviso Reserve Funds 6 – month allocation \$73,206.00
- Evergreen Recovery Center
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation - \$73,500.00
- Pioneer Human Services
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation \$70,200.00
- Snohomish County Superior Court
 - Juvenile Treatment Services
 - 6-month allocation - \$69,900.00
- Island County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$60,875.70
 - HARPS Housing Assistance
 - HARPS 6-month allocation - \$8,561.00
- San Juan County
 - Proviso Funding – Designated Cannabis Account
 - 6-month allocation - \$35,489.00
- Skagit County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$69,765.70
- Whatcom County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$104,295.10

Motion #24-57

NS BH-ASO-Compass Health-ICCN-23 Amendment 7 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2025, with an automatic one-year renewal on August 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an

automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an

automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, no one opposed, no abstentions, all in favor, motion #24-57 carried.

GF-S services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County (FFS)
 - Whatcom County Triage
 - 6-month allocation - \$500,000.00
- Pioneer Human Services
 - Island, Skagit & Whatcom Withdrawal Management Services
 - 6-month allocation - \$550,000
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation \$70,200

Motion #24-58

NS BH-ASO-Compass Health-ICCN-23 Amendment 7 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

It was noted by the Clerk of the Board that there was a typo and correction regarding this initial motion number. It was listed as 25-58 and should be 24-58. She let the board know.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, no abstentions, all in favor, motion #24-58 carried.

The motion number was corrected by the Clerk of the Board.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

JanRose gave the Report from the Executive Director which covered the following topics

- Weekly Crisis Metrics Report
- BHASO Reserve Funds
- Medicaid Waiver: Jail Services
- Whatcom Listening Sessions
- The Scott Decision, 9th Circuit Court
- Lynnwood Crisis Care Facility
- Co-response billing
- Long-Term Civil Commitment (LTCC) Beds expansion in WA state

Adjourn – The Vice Chair adjourned the meeting at 2:27 p.m.

Next Meeting: January 9th, 2025



Advisory Board Brief

January 7, 2025

The Advisory Board met on January 7, and the following items were discussed:

— Advisory Board

- A Subcommittee was created to develop the legislative priorities for the 2025 legislative session.
- Members showed interest in attending the legislative session.
- A Subcommittee was formed to discuss developing a community contest.
- The 2025 pre-meeting trainings and site visits were determined.
- Alma Solano, North Sound ASO, Accountant was introduced to the Board.

— Executive Director

- The Action Items were passed and recommended to the Board of Directors for approval.
- JanRose provided the Executive Director report.

— Finance/Executive Committee

- The December Expenditures were passed and recommended to the Board of Directors for approval.

North Sound Behavioral Health Administrative Services Organization January 9th, 2025, Board of Directors Financial Notes

HIGHLIGHTS

1. The Budget to Actuals revenue is looking pretty good. Revenues are ahead of budget due mainly to some new Proviso funding and some six-month proviso payments. The Crisis Services appears to be slightly increasing with most of the variance due to late billings received in January, most of the other negative variances are due mostly to late billings. Our expenses are currently running \$499,249 under budget.
2. The Revenue and Expense statement looks good at the end of December, showing an income of \$252,651 mainly due to receiving new Proviso dollars and six-month proviso funds. The SABG negative fund balance is back to it's usual amount. Our revenues are covering our expenses. Our general fund balance was \$10,205,839 at 9/30/24 and our maximum allowed is \$6,130,213.
3. The Medicaid fund balance is building up now which was expected to happen in the beginning of the new MCO contracts. The MCOs pay at the beginning of the month but our expenses don't hit until the following month. Going forward we are going to follow the six-month reconciliation process to avoid this situation.

NOTES

1. We are presenting the financial statements for December 2024 for the Behavioral Health Administrative Services Organization (ASO).
2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.
3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].

5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.

6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.

7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for DECEMBER 2024*
BUDGET TO ACTUALS**

REVENUES	2024	YTD	YTD	Variance
	Budget	2024	2024	Favorable
Intergovernmental Revenues				
HRSA	\$222,222	222,222	289,166	66,944
MHBG	2,782,396	2,782,396	2,390,535	(391,861)
SABG	3,783,126	3,783,126	3,830,832	47,706
State Funds	34,260,149	34,260,149	37,356,412	3,096,263
Medicaid (MCO)	10,700,043	10,700,043	10,859,313	159,271
Total Intergovernmental Revenues	51,747,936	51,747,936	54,726,258	2,978,323
Misc. Revenue **	0	0	0	-
Interest Revenue	310,444	310,444	482,082	171,638
TOTAL REVENUES	\$52,058,380	\$52,058,380	\$55,208,341	\$3,149,961
EXPENDITURES				
Inpatient Treatment	\$1,400,000	1,400,000	\$1,634,700	(234,700)
ITA Judicial	2,924,898	2,924,898	2,256,449	668,449
Crisis Services	17,467,380	17,467,380	18,575,755	(1,108,375) A late billing, increasing expense
Crisis Teams - Children & Youth	2,034,097	2,034,097	2,082,278	(48,181)
Co-Responder	2,060,000	2,060,000	1,638,604	421,396
MH Crisis Stabilization	1,550,000	1,550,000	1,108,917	441,083
E&T Services	941,148	941,148	1,120,787	(179,639)
E&T Discharge Planner	229,794	229,794	214,645	15,149 Some back payments
Jail Services	367,536	367,536	502,322	(134,786)
PACT Services	1,032,564	1,032,564	1,242,283	(209,719) Extra old payment
Assisted Outpatient Treatment	1,139,838	1,139,838	529,134	610,704
Trueblood	223,944	223,944	228,762	(4,818)
BH Enhancement Funds	779,188	779,188	576,934	202,254
HOST	1,239,966	1,239,966	1,239,966	-
SnoCo Crisis Start up 32-Bed	1,100,000	1,100,000	173,200	926,800
Proviso 13b	1,407,726	1,407,726	325,374	1,082,352
Peer Bridger	303,529	303,529	238,579	64,950
MHBG Expenditures ***	1,168,699	1,168,699	893,360	275,339
HARPS Housing	817,376	817,376	987,253	(169,877)
DOC Housing	1,501,830	1,501,830	1,484,550	17,280
BH Housing Proviso 86	738,833	738,833	1,099,122	(360,289) Increased funding
Governor Housing Voucher	50,000	50,000	22,377	27,623
Tribal DCA	100,000	100,000	1,560	98,440
DCA County Contracts	581,292	581,292	779,612	(198,320)
Recovery Navigator	2,541,340	2,541,340	3,557,372	(1,016,032) Some late payments, extra spending
Opiate Dependency Outreach	816,632	816,632	1,075,394	(258,762)
PPW Housing Support Services	400,000	400,000	553,183	(153,183)
SABG Expenditures ****	1,129,248	1,129,248	725,253	403,995
Withdrawal Management	2,083,993	2,083,993	2,281,255	(197,263) Pioneer prior year adjustments
HRSA	200,944	200,944	201,801	(857)
Juvenile Drug Court	139,800	139,800	149,619	(9,819)
Other MH Services *****	938,008	938,008	1,345,115	(407,107)
Other SUD Services	943,722	943,722	1,453,708	(509,985)
Advisory Board	19,996	19,996	8,487	11,509
Subtotal - Services	50,373,321	50,373,321	50,307,711	65,610
Administration	5,081,618	5,081,618	4,647,979	433,639
TOTAL EXPENDITURES	\$55,454,939	\$55,454,939	\$54,955,690	\$499,249

Excess of Revenues Over (Under) Expenditure. \$252,651

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

**** Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

***** Includes CORS, FYSPT, Outpatient Services, PATH match

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for DECEMBER 2024***

REVENUES	YTD 2024 Totals	YTD 2024 Medicaid	YTD 2024 State	YTD 2024 MHBG	YTD 2024 SABG	YTD 2024 HRSA
Intergovernmental Revenues						
HRSA	289,166					289,166
MHBG	2,390,535			2,390,535		
SABG	3,830,832				3,830,832	
State Funds	37,356,412		37,356,412			
Medicaid (MCO)	10,859,313	10,859,313				
Total Intergovernmental Revenues	54,726,258	10,859,313	37,356,412	2,390,535	3,830,832	289,166
Misc. Revenue **	0		0			
Interest Revenue	482,082		482,082			
TOTAL REVENUES	\$55,208,341	\$10,859,313	\$37,838,494	\$2,390,535	\$3,830,832	\$289,166

EXPENDITURES

Inpatient Treatment	\$1,634,700		\$1,634,700			
ITA Judicial	2,256,449		2,256,449			
Crisis Services	18,575,755	9,103,155	8,746,755	453,378	272,467	
Crisis Teams - Children & Youth	2,082,278	467,414	1,614,864			
Co-Responder	1,638,604		540,473	558,848	539,282	
MH Crisis Stabilization	1,108,917		735,979	372,938		
E&T Services	1,120,787		1,120,787			
E&T Discharge Planner	214,645		214,645			
Jail Services	502,322		502,322			
PACT Services	1,242,283		1,242,283			
Assisted Outpatient Treatment	529,134		529,134			
Trueblood	228,762		228,762			
BH Enhancement Funds	576,934		576,934			
HOST	1,239,966		1,239,966			
SnoCo Crisis Start up 32-Bed	173,200		173,200			
Proviso 13b	325,374		325,374			
Peer Bridger	238,579			238,579		
MHBG Expenditures ***	893,360			893,360		
HARPS Housing	987,253		987,253			
DOC Housing	1,484,550		1,484,550			
BH Housing Proviso 86	1,099,122		1,099,122			
Governor Housing Voucher	22,377		22,377			
Tribal DCA	1,560		1,560			
DCA County Contracts	779,612		779,612			
Recovery Navigator	3,557,372		3,557,372			
Opiate Dependency Outreach	1,075,394				1,075,394	
PPW Housing Support Services	553,183				553,183	
SABG Expenditures ****	725,253				725,253	
Withdrawal Management	2,281,255		1,753,507		527,749	
HRSA	201,801					201,801
Juvenile Drug Court	149,619		149,619			
Other MH Services *****	1,345,115		1,345,115			
Other SUD Services	1,453,708		1,453,708			
Advisory Board	8,487		8,487			
Subtotal - Services	50,307,711	9,570,569	34,324,909	2,517,103	3,693,328	201,801
Administration	4,647,979	884,234	3,745,100			18,645
TOTAL EXPENDITURES	\$54,955,690	\$10,454,803	\$38,070,009	\$2,517,103	\$3,693,328	\$220,446

Net Income \$252,651 \$404,510 \$(231,515) \$(126,568) \$137,504 \$68,720

Beginning Fund Balance 12/31/23	18,470,938	0	19,390,820	(151,342)	(628,260)	(140,280)
MCO adjustment 3/31/23		279,111	(279,111)			
Ending Fund Balance	18,723,589	683,621	18,880,194	(277,910)	(490,757)	(71,560)
Flexible GFS balance at 9/30/24			10,205,839			

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

**** Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

***** Includes CORS, FYSPT, Outpatient Services, PATH match

Weekly Crisis Metrics Report:

See attached.

BHASO Reserve Funds

HCA met with the Washington State BHASOs on December 13th to notify ASOs that they would be taking back approximately 50% of ASO reserve funds. They indicate 30 days from date of notice for ASOs to submit checks to the HCA for the reserve amounts. North Sound had already been working on several elements related to protecting those reserves for local use including:

- Verifying billing is occurring of already allocated funds. This included sharing a reconciliation document with each county this week that indicated contracted amounts versus billed amounts.
- Exploring other methods of contracting that would allow larger amounts of funds to be moved to providers/counties at a time through performance-based contracts.
- Working with HCA to move an additional 15% of the proviso funds out to providers/counties.

Of note, in the total reserves calculated by HCA, they do not take into account funds already in contract and/or committed to programs. In the North Sound region, they also didn't take into account Proviso 13B which went into effect after the date HCA noted our reserves (end of June 2024). We are working on calculating impact to our region and programming, as well as new programs that were in development, and are going to meet with HCA before the end of the month. We will bring this information to the Board and Advisory Board as we get more insight. We will be advocating to maintain as much of the reserves for regional use as possible.

Whatcom Listening Sessions:

In partnership with Whatcom County, Compass, and VOA, we led a set of 7 listening sessions with providers, hospital, law enforcement, criminal justice system, fire and EMS to identify concerns/strengths/shared problem solving regarding the behavioral health system. While much of our conversation focused on Behavioral Health Crisis Services, we did dedicate time to discussing the overall behavioral health continuum of care as well. We had a request for one more listening session with Compass staff who were unable to make the initial meeting, as well as a recent request to essentially do a similar meeting with Border Patrol on the Whatcom/Canada border.

Lynnwood Crisis Care Facility

Our first stakeholder workgroup for the Lynnwood Crisis Care Facility is scheduled for January 13th. North Sound ASO is going to facilitate a stakeholder group which will include representatives from Lynnwood, Snohomish County, MCOs and North Sound ASO to identify next steps for the facility. I was able to have a brief consultation with Connections (the other provider of these services in Arizona), tour the facility and facilitate Connections touring the

facility on January 8th, 2024. Our hope is to understand from another provider the possibilities for moving forward either program-by-program, what changes another provider may need on the facility and impact, etc. We are meeting with them separately to allow for their ability to apply for an RFP at such time that the stakeholder group is ready to move forward on that.

Stimulant Use/Interventions Training:

As I have indicated in previous conversations, stimulant usage is increasing throughout our region and there is concern that we are shifting into a more “upper” substance swing. Increases in methamphetamine usage are being noted throughout the state. Linda Crothers at North Sound BHASO has reached out to the Opioid Response Network (ORN) to explore the development of a training for our region. They have approved our request and are going to be developing a training with North Sound BHASO that could be helpful to a mixed crowd of participants (outreach, law enforcement/co-responder, behavioral health professionals, crisis responders, etc.). We are exploring the development of both an in-person training and webinar to ensure the broadest reach. Training content will include:

- A basic intro to stimulant use/abuse
- Practical, best practices for interacting with stimulant users
- Evidence-based treatment approaches (most likely contingency management)

Legislative Update

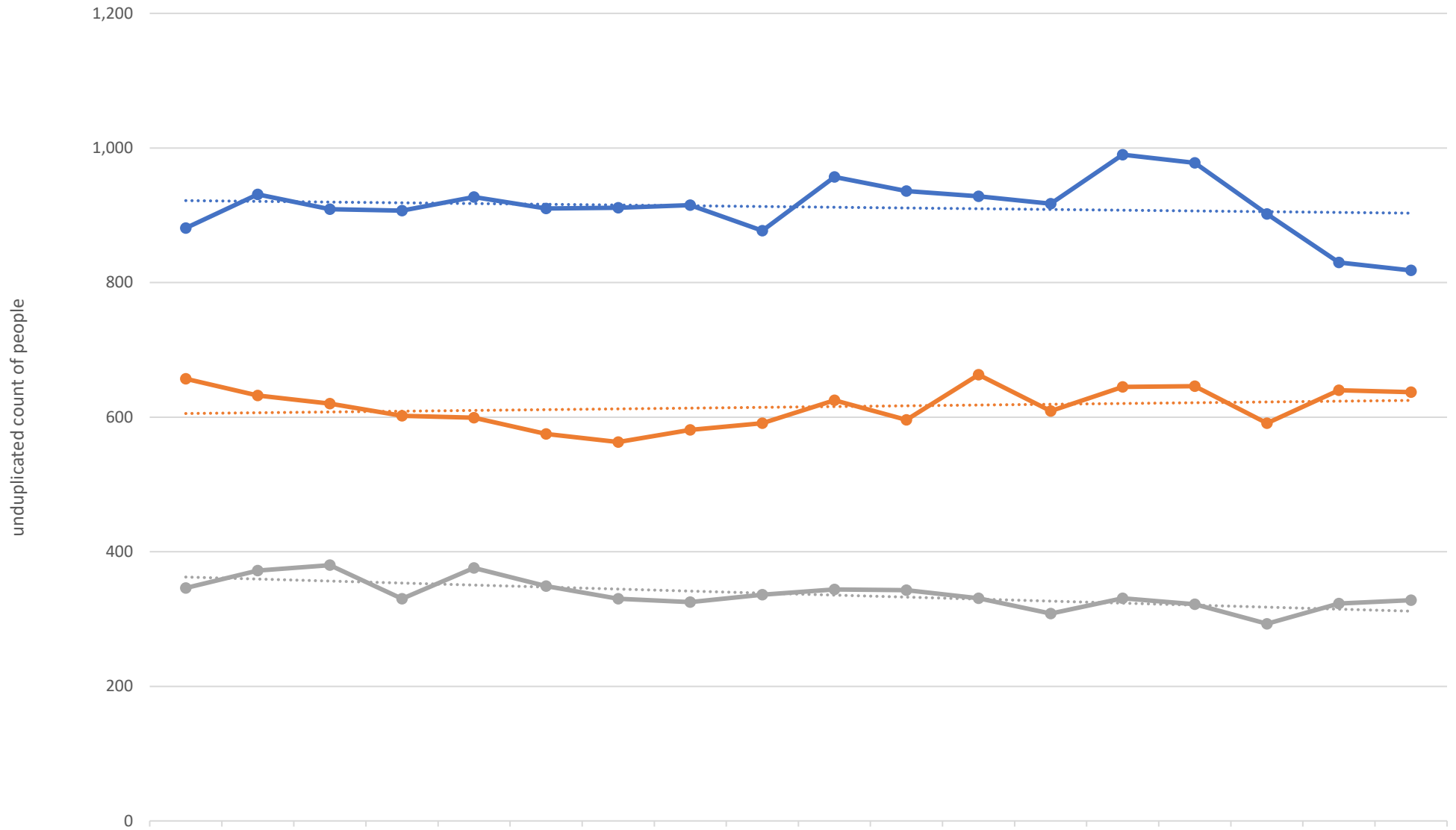
We will be holding a Legislative check in weekly for providers and partners throughout Legislative Session. I am looking to establish an 8:00-8:30 am Tuesday mornings throughout Legislative Session. This will be open to providers and county representatives.



North Sound Crisis System Dashboard

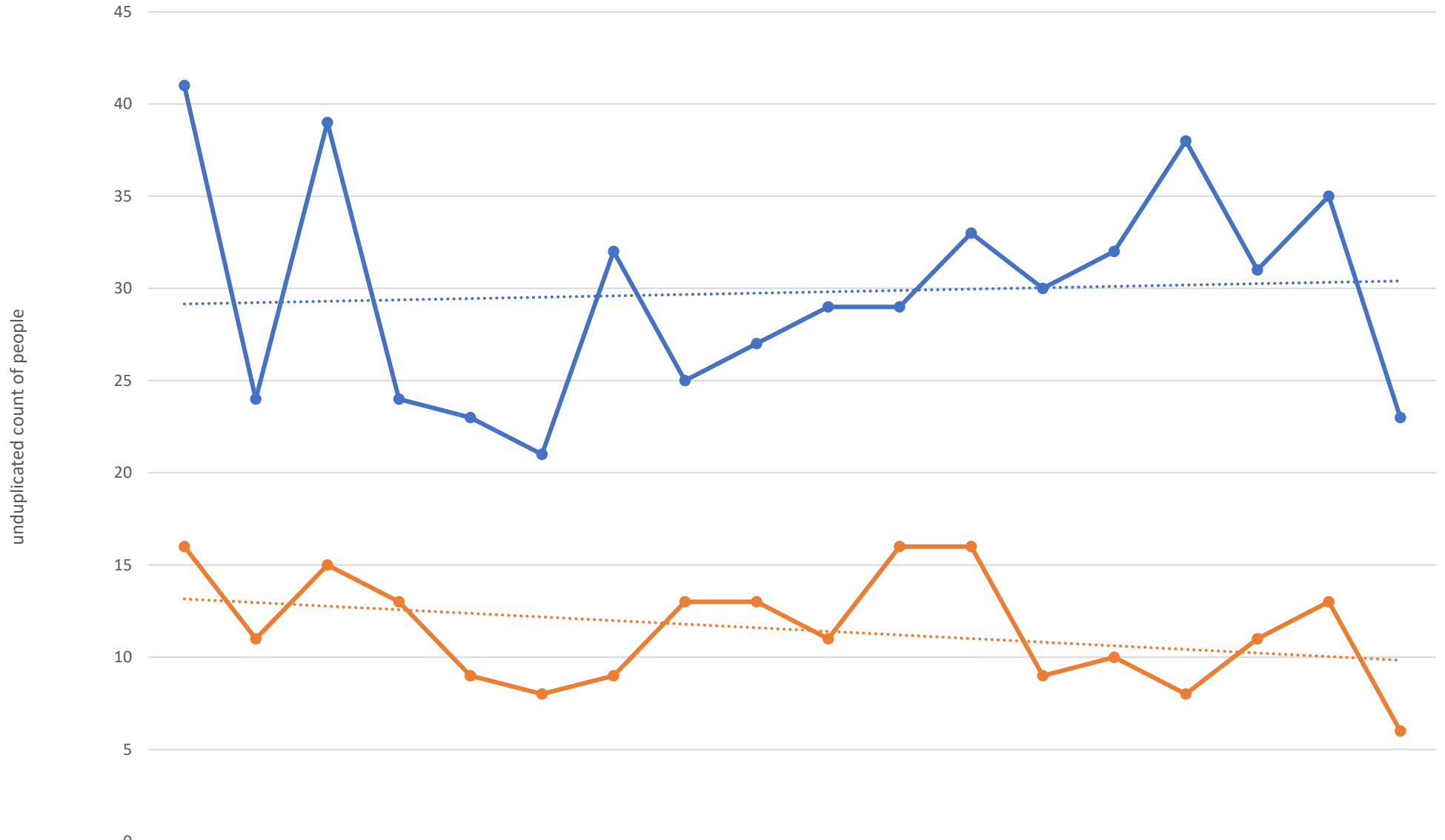
Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

Unduplicated People receiving a crisis system service



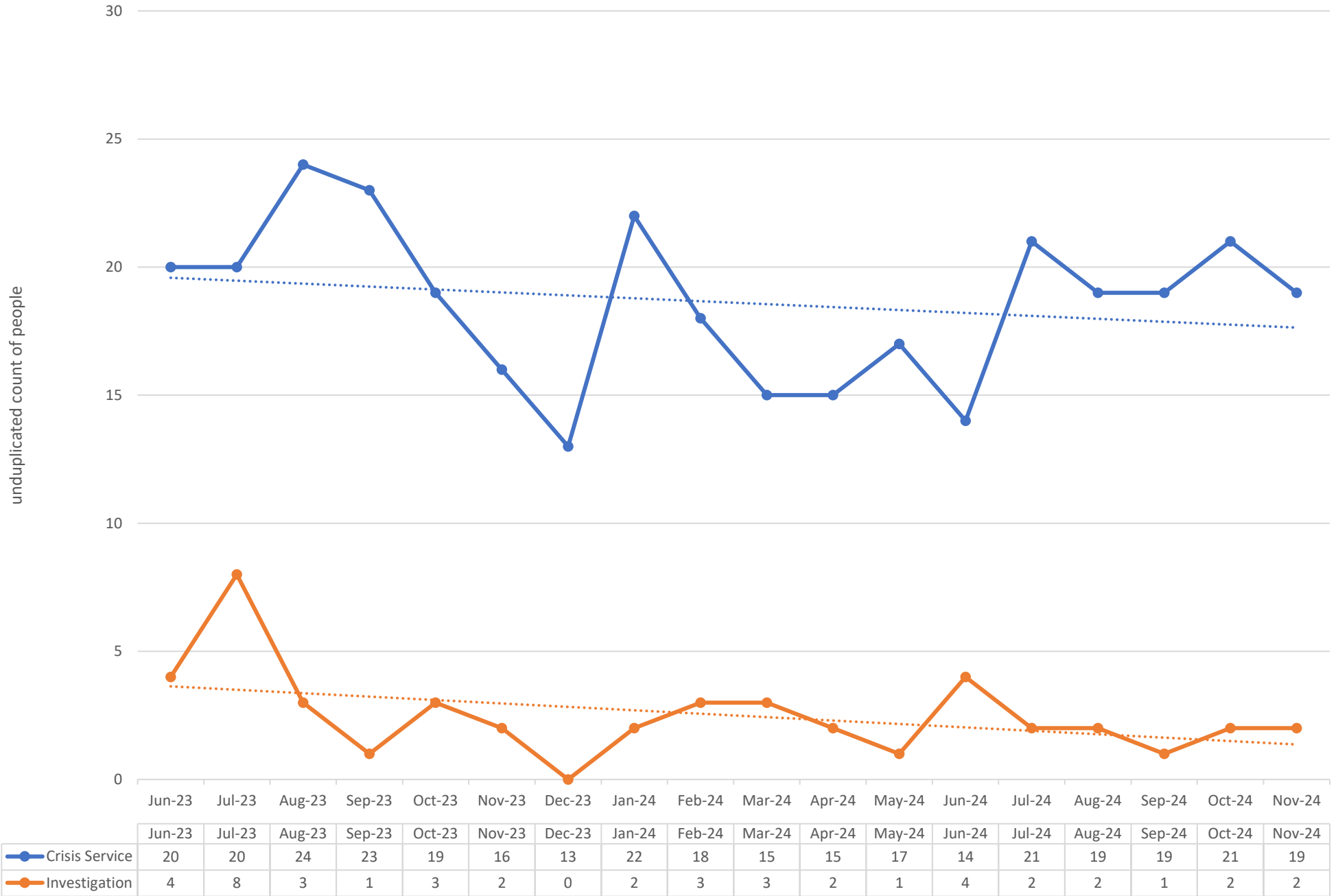
	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
● Crisis Call	881	931	909	907	927	910	911	915	877	957	936	928	917	990	978	902	830	818
● Crisis Service	657	632	620	602	599	575	563	581	591	625	596	663	609	645	646	591	640	637
● Investigation	346	372	380	330	376	349	330	325	336	344	343	331	308	331	322	293	323	328

Island - Unduplicated People receiving a crisis system service

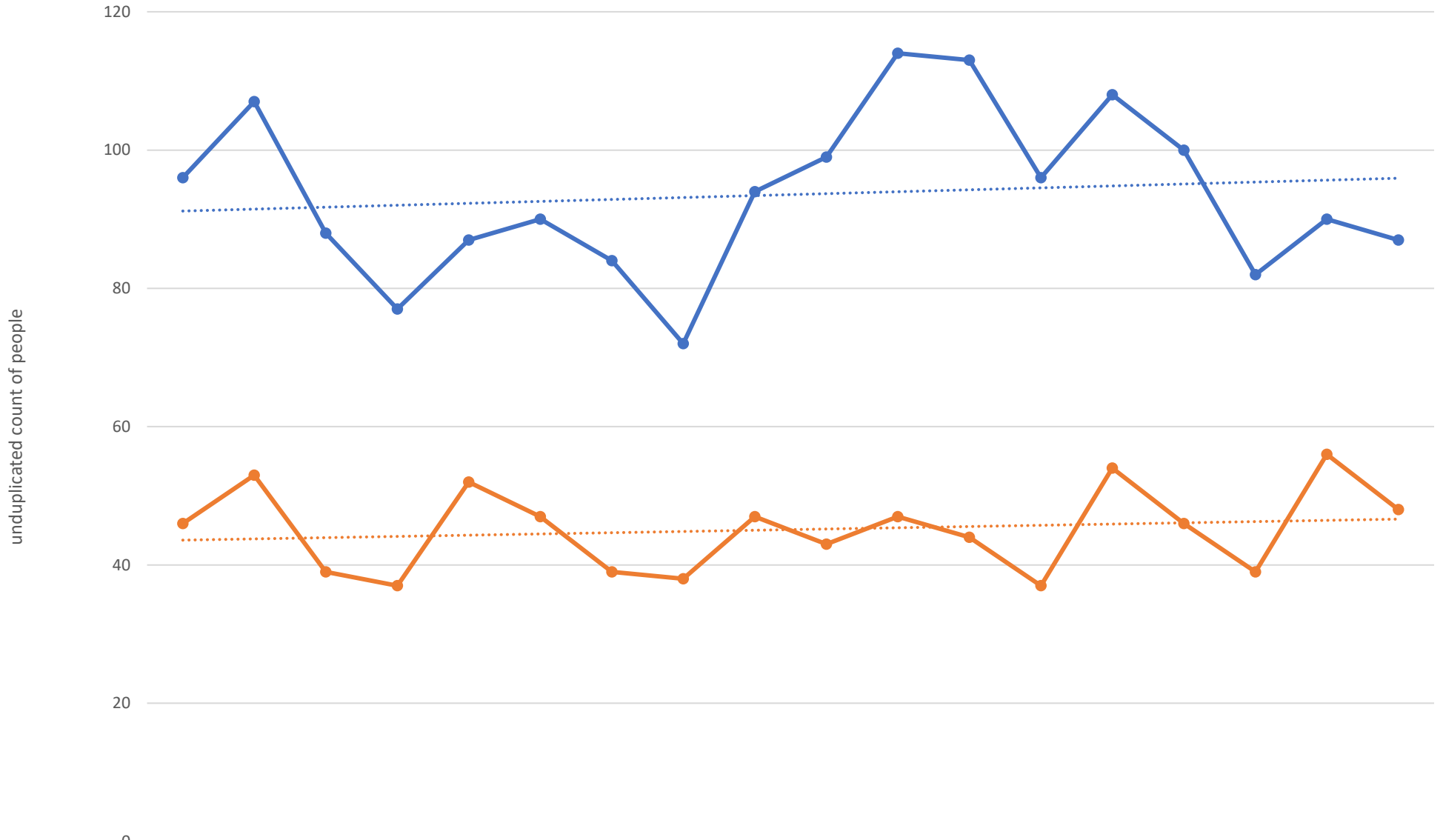


	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
● Crisis Service	41	24	39	24	23	21	32	25	27	29	29	33	30	32	38	31	35	23
● Investigation	16	11	15	13	9	8	9	13	13	11	16	16	9	10	8	11	13	6

San Juan - Unduplicated People receiving a crisis system service

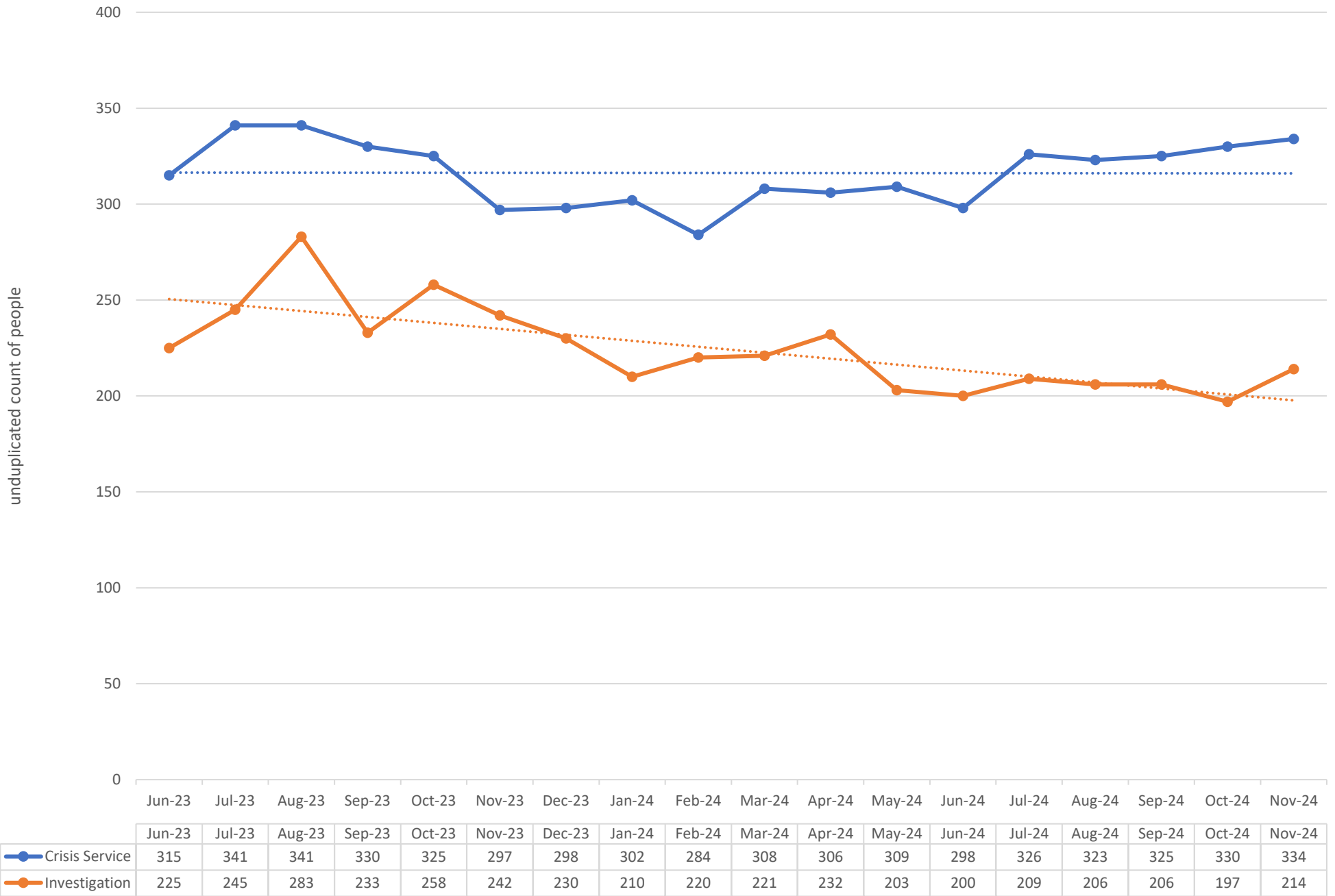


Skagit - Unduplicated People receiving a crisis system service

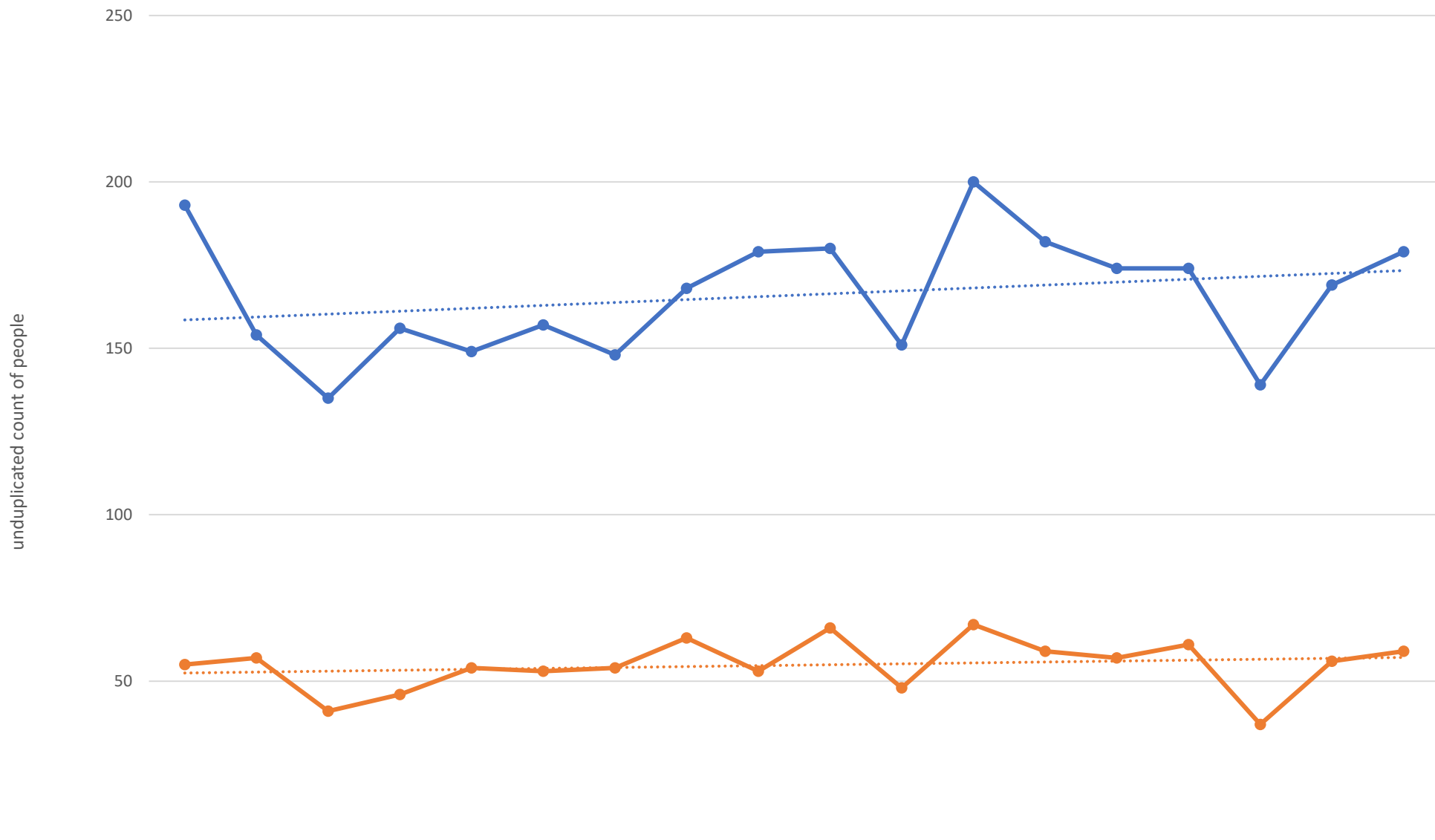


	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
● Crisis Service	96	107	88	77	87	90	84	72	94	99	114	113	96	108	100	82	90	87
● Investigation	46	53	39	37	52	47	39	38	47	43	47	44	37	54	46	39	56	48

Snohomish - Unduplicated People receiving a crisis system service

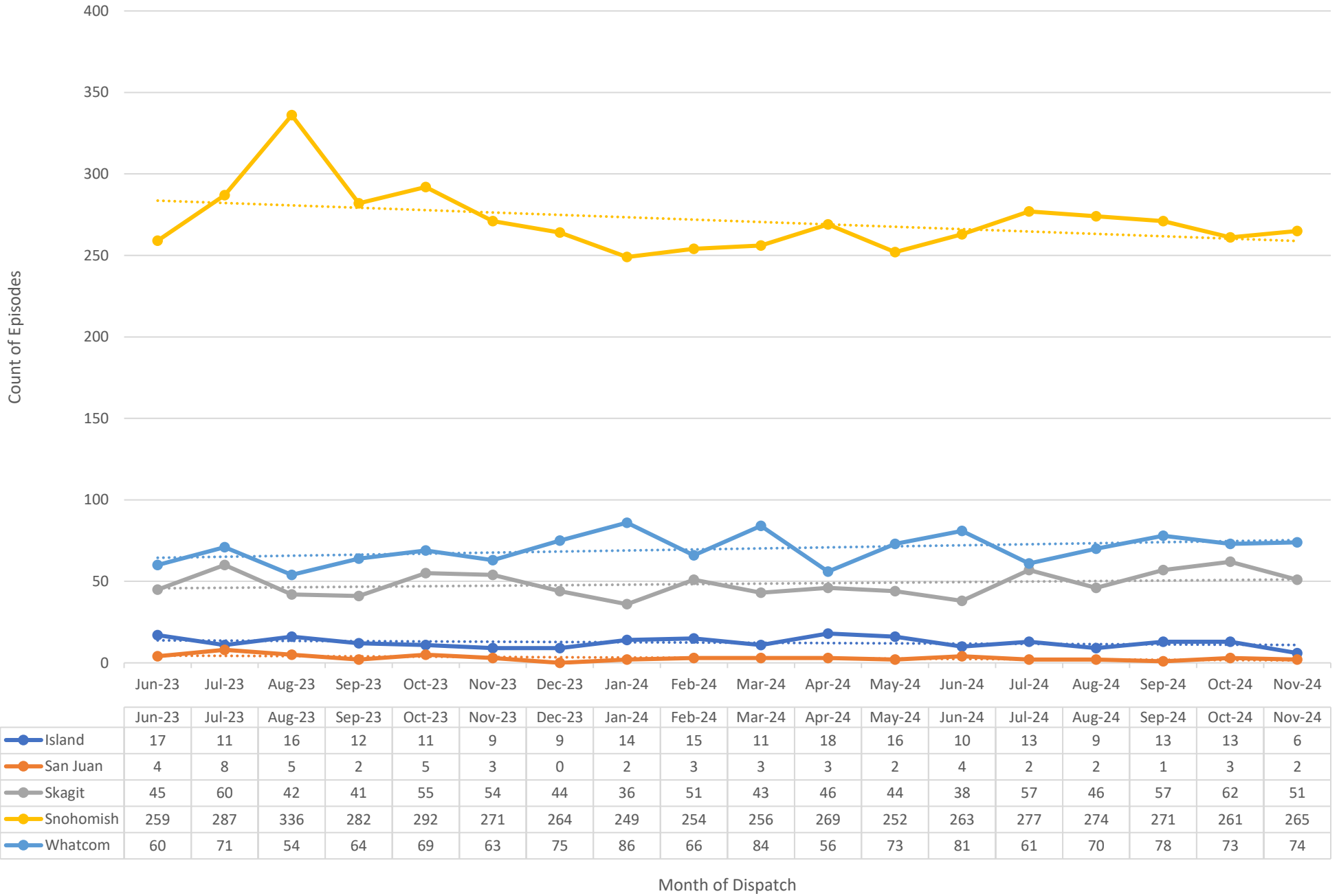


Whatcom - Unduplicated People receiving a crisis system service

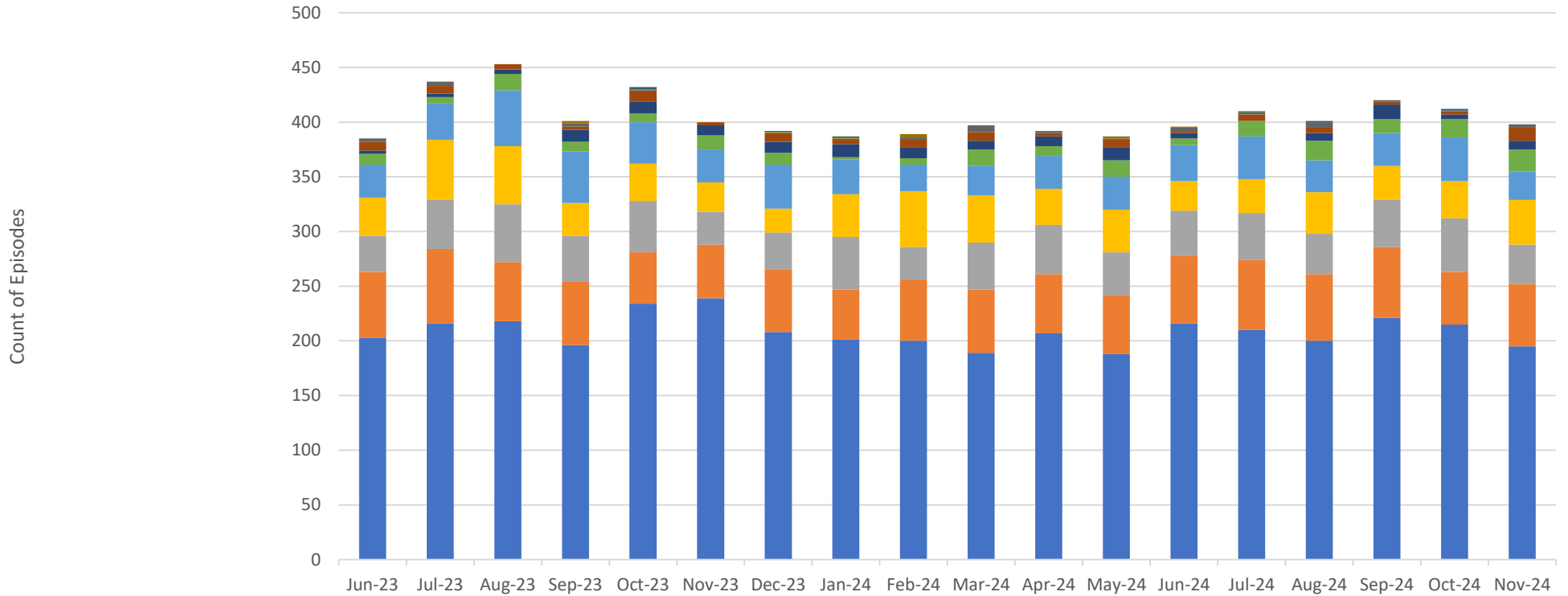


	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
● Crisis Service	193	154	135	156	149	157	148	168	179	180	151	200	182	174	174	139	169	179
● Investigation	55	57	41	46	54	53	54	63	53	66	48	67	59	57	61	37	56	59

Region Designated Crisis Responder (DCR) Investigations



Region DCR Investigation Referral Sources

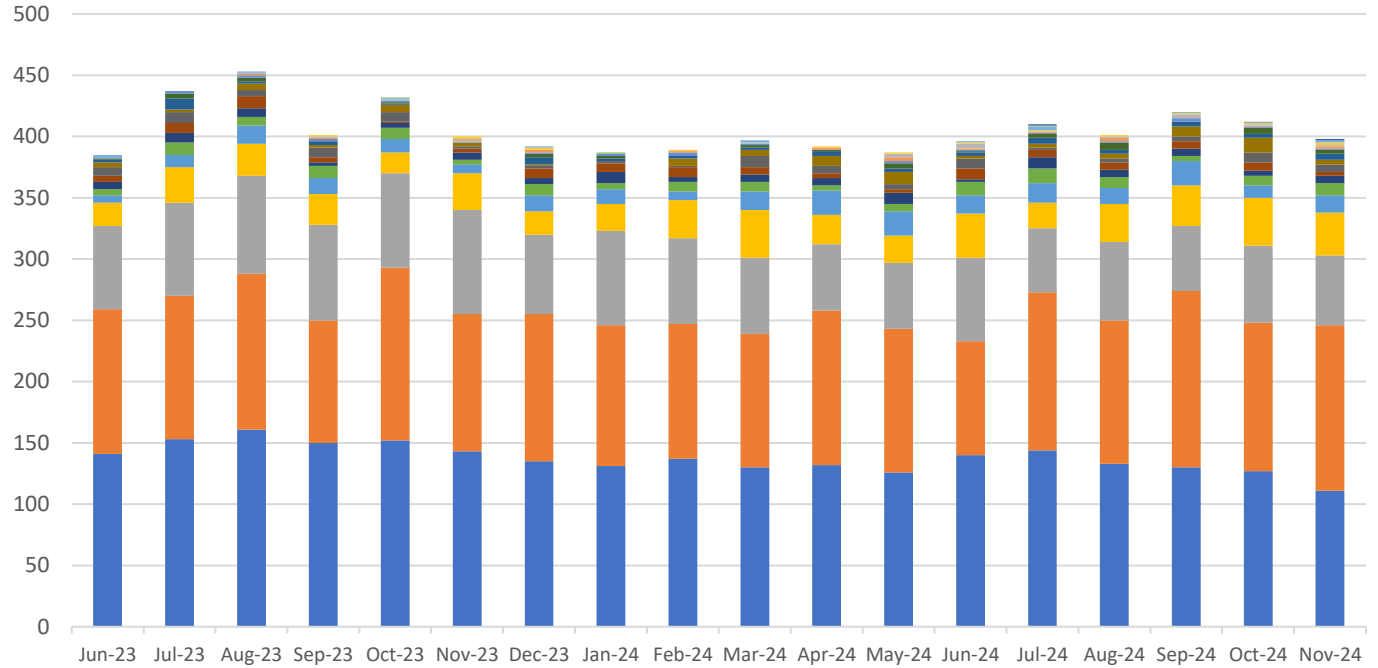


	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
Referral from MCR to DCR	0	0	0	0	1	0	0	1	0	0	0	0	0	1	0	0	0	0
Impact Team Law Enforcement Referral	0	0	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1	0
School	0	0	0	2	0	0	1	1	3	0	0	2	1	0	0	0	0	0
Community	3	4	0	3	1	0	0	1	2	6	2	1	3	2	5	1	1	3
Care Facility	8	7	5	3	10	3	8	4	7	8	3	7	2	6	5	3	3	12
Social Service Provider	3	3	4	11	11	9	10	12	10	8	9	12	5	0	7	13	4	8
Legal Representative	10	6	15	9	8	13	11	2	6	15	9	15	6	14	18	13	17	20
Professional	30	33	51	47	38	30	40	32	24	27	30	30	33	39	29	30	40	26
Other	35	55	53	30	34	27	22	39	51	43	33	39	27	31	38	31	34	41
Law Enforcement	33	45	53	42	47	30	34	48	30	43	45	39	41	43	37	43	49	36
Family	60	68	54	58	47	49	57	46	56	58	54	54	62	64	61	65	48	57
Hospital	203	216	218	196	234	239	208	201	200	189	207	188	216	210	200	221	215	195

Month of Dispatch

Region DCR Investigation Outcomes

Count of Episodes



	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
■ Referred to sobering unit	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1
■ No detention – Secure Detox provisional acceptance did not occur within statutory timeframes	0	0	0	0	1	0	0	1	0	0	0	0	0	1	0	0	0	0
■ Referred to sub acute detox	2	0	1	0	1	0	1	0	0	2	0	0	1	3	0	1	1	2
■ No detention - E&T provisional acceptance did not occur within statutory timeframes	0	0	0	1	0	2	2	0	1	0	1	1	1	1	1	1	1	2
■ Referred to chemical dependency inpatient program	0	0	1	1	1	2	0	0	0	1	0	3	4	0	1	3	1	1
■ Referred to chemical dependency intensive outpatient program	0	0	1	1	0	1	2	0	1	0	2	3	1	1	3	0	1	2
■ Referred to acute detox	1	2	2	2	1	0	1	2	3	1	0	2	1	1	1	3	1	1
■ Referred to crisis triage	1	4	3	0	1	1	3	2	0	2	1	4	1	3	6	0	5	3
■ No detention - Unresolved medical issues	2	9	2	3	1	0	6	2	2	2	4	3	3	5	3	4	3	5
■ Detention to Secure Detox facility (72 hours as identified under 71.05)	4	2	5	2	6	2	1	0	6	5	8	10	2	3	4	8	12	4
■ Referred to non-mental health community resources.	7	9	5	8	8	2	2	2	1	9	6	4	8	2	3	4	8	6
■ Filed petition - recommending LRA extension.	5	8	10	4	1	3	8	7	8	6	4	3	9	6	6	6	7	3
■ Returned to inpatient facility/filed revocation petition.	6	8	7	3	4	6	5	9	4	6	6	9	2	9	6	6	4	6
■ Non-emergent detention petition filed	5	10	7	10	9	4	9	5	8	8	4	6	11	12	9	4	8	10
■ Did not require MH or CD services	6	10	15	13	11	7	13	12	7	15	20	20	15	16	13	20	10	14
■ Referred to voluntary inpatient mental health services.	19	29	26	25	17	30	19	22	31	39	24	22	36	21	31	33	39	35
■ Other	68	76	80	78	77	85	65	77	70	62	54	54	68	52	64	53	63	57
■ Referred to voluntary outpatient mental health services.	118	117	127	100	141	112	120	115	110	109	126	117	93	129	117	144	121	135
■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	141	153	161	150	152	143	135	131	137	130	132	126	140	144	133	130	127	111

Month of Dispatch